



Laurie MacKinnon PhD has been in private practice in Sydney for over 25 years providing:

- Counselling for individuals, couples and families. Common concerns are anxiety and depression, post-traumatic stress disorder, relationship conflict, separation and divorce, parenting issues.
- Consultation to many of Sydney's counselling and government organizations, including several years as ongoing consultant to: Relationships Australia; RAPS Family Therapy and Mediation; Unifam Counselling and Mediation; Dalmar Child and Family Services; and NSW Area Health Child and Adolescent specialist mental health services.
- Training and supervision of psychologists, social workers and psychiatrists

Patients referred to Laurie MacKinnon with a completed GP Mental Health Treatment plan can access a Medicare rebate for up to 10 sessions in a calendar year.

To make a referral, doctors should provide patients with BOTH a copy of the Mental Health plan AND a letter of referral addressed to:

Dr Laurie MacKinnon, Accredited Mental Health Social Worker (Medicare PN 291625 1A).

**Laurie MacKinnon MSW, PhD**

Individual, couple and family therapy

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Accredited Mental Health Social Worker PN 291625 1A

## Information about GP Mental Health Treatment Plans

Medicare pays a rebate to the GP to complete this Plan.

□ Item 2700: for the preparation of a GP Mental Health Treatment Plan by a GP who has not undertaken mental health skills training, lasting at least 20 minutes to less than 40 minutes.

□ Item 2701: for the preparation of a GP Mental Health Treatment Plan by a GP who has not undertaken mental health skills training, lasting at least 40 minutes.

□ Item 2715: for the preparation of a GP Mental Health Treatment Plan by a GP who has undertaken mental health skills training, lasting at least 20 minutes to less than 40 minutes.

□ Item 2717: for the preparation of a GP Mental Health Treatment Plan by a GP who has undertaken mental health skills training, lasting at least 40 minutes.

## Information about Accredited Mental Health Social Workers

Accredited Mental Health Social Workers are registered providers with Medicare Australia. They have been assessed on behalf of the Commonwealth Government by the Australian Association of Social Workers (AASW) as having specialist mental health expertise.

An Accredited Mental Health Social Worker (AMHSW) is eligible to provide services through the Commonwealth-funded Better Access to Mental Health Care and Chronic Diseases Management (Enhanced Primary Care) programs. Social workers are also providers in the Access to Allied Psychological Services (ATAPS) program. Accredited Mental Health Social Workers have a breadth of experience in assessing and treating people who have mental health disorders, for example people with:

- Depression and other mood disorders
- Anxiety disorders
- Personality disorders
- Psychosis
- Suicidal thoughts
- Relationship problems
- Life crises
- Adjustment issues
- Trauma
- Family conflicts

Accredited Mental Health Social Workers help individuals to resolve their presenting psychological problems, the associated social and other environmental problems, and improve their quality of life. This may involve family as well as individual counselling, and group therapy. Social workers recognise the broader implications of an individual having a mental illness and the impact on friends, family, work and education. Like other allied health professionals, such as psychologists, Accredited Mental Health Social Workers use a range of interventions in helping people with mental health disorders, including the following focussed psychological strategies:

- Cognitive behavioural therapy
- Behavioural interventions
- Cognitive interventions
- Relaxation strategies
- Skills training
- Problem solving
- Anger management Trauma